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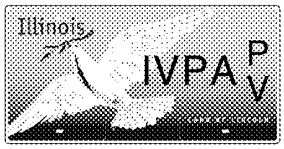

GOVERNOR'S NEIGHBORHOOD RECOVERY INITIATIVE

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School-Based Counseling Committee

I Principles/Policies:

- NRI approach based on Three-Tier Framework for School Based Mental Health
- Build community capacity to provide trauma-informed, asset-based early intervention counseling and support for school-age youth
- Utilize evidence-based/informed interventions
- Utilize group interventions as primary approach, with individual counseling available as needed
- Accept referrals from school, community, and student self-referral
- Complement and collaborate with CPS/District efforts
- Implement training and on-going technical assistance for providers

II Framing the School-Base Counseling Component:

A. **Target clients:** NRI will focus on public elementary school students in the target communities, as well as public high schools in the target communities that don't have Culture of Calm supports. The age range of youth to be served is 5-21.

B. **Counseling interventions to be offered:** Tier II interventions: Group (trauma focused (CBITS); anger management and emotional self-regulation (Anger Coping and Think First); Individual (case management; assessment; psycho-educational, skills-building, problem-solving interventions, etc);

C. **System model:** Relationship of Community Providers to Schools; Referral Process; Interventions; Family Involvement; Information Sharing; Pre/Post Measures; Data Collection

D. **Provider Selection Criteria and Budget:** Criteria to guide Lead Agencies in selecting provider partners (subcontractors) and developing provider budgets (required staffing pattern or contractual services; number of youth to be served; coordination, cost of required interventions, etc.)

Criteria for Provider Partners:

- Licensed mental health professionals must supervise the provider clinicians (they can be the Project Coordinator too); provider clinicians must be masters level social workers, psychologists or counselors.
- Project and financial management capacity
- Experience working with and in schools
- Must participate in required training and technical assistance

E. **Training and Technical Assistance Needs:** Required training for providers on trauma, impact of exposure to violence, school-community partnerships.